



## **Botox Cosmetic® Post Treatment Instructions**

### **DO:**

1. Remain upright for 4 hours after injection
2. Exaggerate facial expressions in injected areas for 1 hour after injection
3. Call the office immediately if you experience any problems or have any questions
4. Schedule your follow up appointment prior to leaving office

### **DO NOT:**

1. Take ibuprofen, aspirin or vitamin E for 24 hours after injection
2. DO NOT massage or manipulate injection sites for 48 hours after injection
3. Results are expected within 24 hours to one week after injection
4. Maximum results are expected around 2 weeks after injection